

THIS IS ME!



My name is:

I like to be called:

The gender I identify as & the pronouns I would like you to use are:

How I would describe myself - 'shy' 'funny' 'cheeky' etc

What do you want workers to know about you? Here are some questions you can answer. You don't have to answer them all, and you can add anything else you want.

Add a picture or a self-portrait of yourself

The religion I follow is:



The important people in my life are:

The important pets/ animals in my life are:

Favourite things to do are:

My favourite thing to watch is:

The foods I like the most & least are:





The best time of the day to meet me is

Where I would prefer to meet my social worker or other professionals:

Professionals might understand me better if they knew...

What I want from my social worker or professionals around me:

The way to communicate with me is:

**My behaviours
when i'm feeling
overwhelmed can be:**

**My Feelings about
education are:**

**In the next year I
would like / i'm
looking forward to...**

**What are my goals
for the future...**

**What are my
strengths/What am
I good at....**

