

# Don't flush!



Pads



Tampons

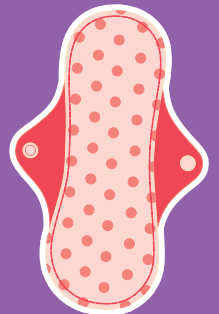


Packaging



Have you considered reusable period products?

They can save you money and reduce waste.



Better for you and the planet. Period.



[WasteAware.org.uk/SustainablePeriods](https://WasteAware.org.uk/SustainablePeriods)  
#SustainablePeriods @HertsWasteAware